JUNE 2015

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
Baked Fish Paprika	**Braised Pork Chops**	**Grilled Turkey Cutlets**	**Curried Chicken**	**Veggie Pizza**
Steamed broccoli	Rice pilaf	Glazed carrots & pearl onions	Baked potato	Tossed Salad w/ dressing
Spinach Salad	Peas	French bread	Steamed cauliflower	Bread sticks
Apple slices	Tossed salad w/ dressing	Grapefruit slices w/ cottage cheese	w/w Roll w/ butter	Strawberry shortcake
Lowfat yogurt	Biscuit w/ butter		Applesauce cake	
	Pear slices			
8	**9**	**10**	**11**	**12**
Chicken Fajita	**Spaghetti w/ Meat Sauce**	**Caesar Salad w/ Chicken**	**Baked Spicy Fish**	**Turkey Spinach Wrap**
Calabacitas	Mixed veggies	Croutons & parmesan cheese	Wild Rice	Lettuce/tomato/cheese
Tossed salad w/ dressing	Garlic bread	Seasoned bread sticks	Green beans	Potato salad
Apricots	Jello w/ fruit	Peanut butter cookie	w/w Roll w/ butter	Jello w/ strawberries & bananas
Sugar cookie			Pears	
15	**16**	**17**	**18**	**19**
Chicken Salad	**BBQ Chicken w/**	**Vegetarian Lasagna**	**Pork Chops w/ Gravy**	**Red Chile Bean & Cheese Burrito**
Cucumber, onion & tomato salad	Herb roasted potatoes	Caesar salad	Mashed potatoes	Spanish rice
w/w roll w/ butter	Asparagus	Garlic bread	Steamed cauliflower & broccoli	Spinach
Apricots w/ cottage cheese	ww/ roll w/ butter	Peach cobbler	ww roll w/ butter	Brownie w/ ice cream
	Chocolate cake w/ chocolate icing		Applesauce	
				Father's Day is June 21 !
22	**23**	**24**	**25**	**26**
Baked Dill Fish	**Ham & Beans**	**Frito Pie**	**Chicken Fettuccini**	**Green Chile Hamburger**
Buttered rice	Sliced red peppers w/ onions	Lettuce, tomato, onion garnish	Mixed veggies	Lettuce/tomato/pickle/onion garnish
Ranch corn	Cornbread w/ butter	Shredded cheese	Tossed salad w/ dressing	Onion rings
Tossed salad w/ dressing	Cherry cobbler	Spinach	Garlic bread	Green beans
Mandarin orange cake		Applesauce cake	Pears	Chocolate pudding
29	**30**			
Sausage / Spinach Pizza	**Beef Tacos w/ Salsa**	Anyone under 60 pays $7.50		
Tossed salad w/ dressing	Pinto Beans			
Bread stick	Salsa	Anyone 60 + a minimum donation of $1.50 is appreciated.		
Pineapples w/ cottage cheese	Jello w/ fruit			

Happy Spring